



"The day is long when you live alone"

Change of living circumstances

Amputation of his right leg, two prostheses, and chronic health issues have changed the routine lifestyle of mister Zoran Žakula, a retired tourist guide.

Hindrances caused by immobility and limited movement using a wheelchair have become the new way of life, as well as a new, daily challenge for Zoran.

Still, with his own perspective on the situation he's in, as well as with the help of caregivers from Hilfswerk House of Support, Zoran manages to do everything he wishes and intends to.

Žakula:

"When you visit, you always bring a breath of fresh air; always smiling, hardworking, and capable. I look forward to your visit every Monday and Friday."



Mister Zoran Žakula is one of the clients of Hilfswerk House of Support

Aside from the chronic issues he faces on a daily basis, the amputation of one of his legs and surgery in his abdominal aorta have not disrupted him in his optimism and desire to socialise.

One day in a wheelchair

"During the day, I usually prepare meals, take care of hygiene, do laundry and dishes, and then I spend most of my time on the internet and TV, exploring things that interest me. I like to cook and make different recipes that I find on the internet. My kitchen is full of spices, and I am both a man and a woman here."

Although incredibly tenacious and persistent, still doing what he loves and what fulfills him, Zoran admits that even though full of content, each of his days is the same.

Assistance in daily activities

As his biggest issue, Zoran emphasises the fact that due to the increasing speed of life and changed lifestyles and life circumstances that are unavoidable, older persons are visited less than ever before.

Limited mobility that makes everyday activities more difficult, not so much inside his home, as Zoran tries to remain functional in his household chores, severely limits his ability to conduct his affairs outside his home.

Shopping, going to the pharmacy, taking out the trash, and other similar activities were the main reason for becoming a client of Hilfswerk House of Support.

"You were at my disposal for everything I needed, from medicine, to paying bills, to taking a walk, you make me try harder. You are an infusion of life."

Social assistance and support

Loneliness, long days, and repetitive daily household activities are some of the other reasons for choosing the services of Hilfswerk House of Support.

"You motivated me to go outside, even though I don't like going out much. Thanks to you, I went outside, took a walk, and after a very long time, went and had a coffee."

Zoran's daily life, thanks to his tenaciousness, persistence, and motivation, is filled with various activities in the kitchen, so his pantry, despite all the difficulties he faces, is full of home-made salads and sweets that he makes himself.

Still, even when he accomplishes everything he set out to do for that day, he still has a lot of time left that he wishes he could spend socialising with someone.

He talks about everything with the caregivers from Hilfswerk House of Support, and he emphasises their cheerfulness and the opportunity he has to socialise as the biggest reasons for his happiness with the service.